





## DIGGING DEEPER

Matthew 14:22-33

► Bible Point—Jesus helps us believe.

Key Verse—“If we are faithless, he will remain faithful, for he cannot disown himself”  
(2 Timothy 2:13).

## Daily Challenges

Choose one or more of these activities to do this week.

- Talk to several Christian people you know about times they had doubts about God. You might talk with a relative, your pastor, or a friend.
- Find other examples in the Bible of people trusting God. Pray that God will teach you the same lessons those people learned.
- Look for opportunities to help someone who doubts God. Share your faith history with him or her and how God has helped you increase your faith.

## Through the Week

Use the following passages to explore additional biblical perspectives on faith and doubt.

### Monday—Matthew 17:20

- Why is faith so powerful? How can faith help us when we doubt?

### Tuesday—Romans 10:17

- How do we get faith?

### Wednesday—Hebrews 11:1

- In your life, do you find it's really possible to be *sure* of what you don't see? Is a person who doubts lacking in faith? Explain.

### Thursday—John 5:24

- Why is faith so important?

### Friday—Jude 22

- Why is it important to be merciful to those who doubt?

### Saturday—1 Timothy 4:12

- How can your faith be an example to others?

## Talk Topics

- Talk about how doubt affects your relationship with God.
- Talk about why two people—only one of whom is a Christian—might totally disagree about how trustworthy God is.
- Share about a time you doubted God and his ability to keep a promise made in the Bible.
- Talk about an area where you're struggling to have faith right now. Ask someone to pray for you.

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