



**Elijah Helps a Widow**—1 Kings 17:7-24

► **Bible Point**—Trust God completely.

**Key Verse**—“So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well” (Matthew 6:31-33).

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## Talk Topics

- Talk about why we can trust God. What is it that makes God trustworthy?
- Tell about people you know who have placed a lot of trust in God. Talk about how they demonstrate this.
- Share about your fears and apprehensions. Then talk about how trusting God can help in these situations.
- Find the statement “In God We Trust” on a United States coin or bill. Talk about why this sentence is on United States currency and what it means.

## Daily Challenges

Choose one or more of these activities to do this week.

- Spend some more time thinking about the areas of your life in which you’re not trusting God. What changes can you make to begin giving those things over to God? Make those changes a reality this week.
- Start each morning this week by asking God to help you to trust him wherever he leads you that day. Then be alert to what happens as you let God lead.
- Share with a friend or co-worker how you’re trusting God this week. Ask him or her to remind you of your commitment, and encourage that person to trust God, too.

## Through the Week

Use the following passages to explore additional biblical perspectives on trusting God.

### Monday—Psalm 9:9-10

- Why should you trust God?

### Tuesday—Psalm 13:5

- Why is it important to trust that God’s love will never fail you?

### Wednesday—Psalm 56:11

- Are you ever afraid? Of what or whom? How can this verse help you not be afraid anymore?

### Thursday—Nahum 1:7

- How has God cared for you this week? How have you shown your trust in him?

### Friday—John 14:1-2

- Why do you think Jesus said this? Why is it important to know that Jesus has gone to heaven to prepare a place just for you?

### Saturday—Romans 15:13

- What will God do for you if you trust him completely?

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